

# ASSESSMENT in PE

Assessment in Physical Education is essential to the planning and development of programmes. It is necessary to monitor the achievements and problems encountered by pupils to ensure effective teaching and learning. As well as assessment of individual attainment in sport specific units of work, pupils are also required to be assessed in:

- Thinking skills and personal capabilities
- Using maths

Pupils are also required to actively participate in self-evaluation of performance & appreciation of the performances of others.

## Aims of assessment:

- To Provide indicators of learning
- To monitor progress
- To provide feedback to pupils
- To inform parents of pupils progress
- To motivate pupils to improve standards
- To aid development of courses

Each activity comprises a unit of work. Pupils are assessed continually throughout the unit and awarded a level at the end of the unit. Their progress is monitored against agreed criteria and moderated within the Department. The agreed criteria are in the form of level descriptors for each unit, based on the N.I. Programme of Study. These descriptors encompass skills, knowledge and understanding.

At Key Stage 4 pupils are given the opportunity to work towards units in Health & Fitness, Skill Development, Leadership, & Coaching.

Standardised testing is used in Athletics (5 star award scheme) and in Fitness at Key Stage 4 (QUB fitness tests & Bleep Test)

A pupil is given a level which best suits her attainment in a particular activity. A minus sign indicates the pupil is working towards that level. The level number alone indicates that the pupil is working at that level. A plus sign indicates the pupil is beyond that level.

Levels can be converted to points which in turn can be converted to grades.

Pupils are also awarded an effort grade which reflects:

- Preparation
- Attitude
- Interest
- Application
- Teamwork
- Determination
- Leadership
- Respect
- Sportsmanship
- Ethics
- Resilience