# ARENTS - Study System Training AMAZING AMAZING

### "Brilliant, great way to get my son organised for his exams." (Parent Participant)

Our 'Ultimate Study System' is a complete and comprehensive framework to aid exam preparation. The system's unique interdependent components and resources make it the ideal tool for students seeking a logical, easy to follow, researched-based solution to preparing for exams.

#### Parental Engagement

Parents are central to the success of young people. A young person with supportive parents has a good chance of succeeding but a young person with parents equipped with knowledge and skills relating to efficient and effective learning has an excellent chance. The Study System training for parents has been designed specifically for those whose children have engaged in the Amazing Brains Study System tutorial.

PRINCIPAL COMMENT
"I have never seen anything like this before. What a great idea to help students manage the revision process. Well done Amazing Brains!

#### Features of the Study System

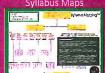
- It is informed and underpinned by educational and psychological research.
- It consists of five simple, yet comprehensive interconnected parts
- It is suitable for all learners, from the super organised to the last minute crammer.
- It is a logical system, with easy to follow instructions covering all stages of the revision process from planning to execution.
- It reinforces to students the benefits of using hand-written (as opposed to digital) notes when revising.
- It emphasises the importance of using review systems when preparing for exams – research having recognised that review systems, and in particular, spaced repetition, help commit information to long-term memory.
- It promotes retrieval practice and dual coding, both well established and effective revision techniques.



# **Study System Components**













## **BENEFITS TO PARENTS**

By understanding the study system, parents will be enabled to guide and support their children through exam preparation periods.