## PARENTS - Parent Power



## "This could change a child's life" (Parent Participant)

Our ground breaking 'Parent Power' programme is a practical, meaningful activity-based 90-minute workshop that is designed specifically to empower parents.

## THE EVIDENCE BASE

At Amazing Brains we are acutely aware of the impact of building the capacity of parents and giving them the opportunity to develop the skills and techniques to help their own children succeed in school. There is now overwhelming research indicating the irrefutable link between parental engagement and educational achievement of young people. 'Parent Power' gives parents the confidence and practical strategies to make a real and lasting difference to study and revision in the home.



Course Booklet



## **DURING THE PROGRAMME PARENTS WILL:**

- have the opportunity to reflect on their own experiences of educational achievement and consider how this impacts on their approach to their child's learning;
- be introduced to current research on the brain, learning and study skills;
- develop the essential knowledge and skills to feel more confident about supporting their child at school;
- have the opportunity to speak to likeminded parents/guardians who are encountering similar issues relating to schooling and exams.

Parents will be provided with a comprehensive booklet that serves to reinforce learning in the seminar.



