

September 2011

Dear Parent/Guardian

RE: PARTICIPATION IN HEALTH EDUCATION PROGRAMME

As you may be aware, the HYPE Team (Belfast Health and Social Care Trust) has been invited to work alongside Belfast Model School for Girls to develop and deliver a Relationship and Sexual Health Education Programme.

The HYPE Team is managed through the Belfast Health and Social Care Trust with the aim of promoting the sexual health of young people through providing them with the information, knowledge and skills to make informed choices. The sessions themselves will be facilitated by the HYPE Team Peer Educators or Team Nurse who have experience of working with young people in a range of settings. Peer Education is basically employing young people who undergo intensive training then delivering health information to groups of other young people.

The issues covered in the programme may be as follows:-

- Introduction
- Body/Puberty
- Personal Development
- Relationships
- Contraception
- Pregnancy/Parenting
- STI's
- Gender/Sexuality
- Personal Safety
- Evaluation

The overall aim of the programme is to promote a positive attitude towards Relationships and Sexual Health, raising awareness of the main relevant issues. The team believes in providing young people with relevant, accurate and up to date information to make informed choices. Photograph of group participants may be taken for use in displays/certificates or promotional material participant's names will not accompany their images. The support of parents is vital to a programme like this and parental/guardian consent must be given prior to young people's participation in the sessions. If this is not received, the young person concerned cannot take part in the sessions. If you give your consent, please complete the attached reply slip and return to the form tutor.

If you have any questions in relation to the programme, please contact Mrs Janice Clarke in school (90718111).

Yours faithfully

CATHY CURRY - HYPE TEAM CO-ORDINATOR



HYPE Team Reply Slip



I _____ (print name) **do - do not** give permission for

_____ (young persons name) to participate in the Health

Education Programme facilitated by the HYPE Team in connection with Girls Model and possible use of photographs.

Signed: _____ (parent/guardian)

Date: _____